	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Breakfast	Whole Grain Cereal General Mills Cheerios V	French Toast Sticks 🕎	Egg and Cheese on an English Muffin 🕜	Banana Bread 🕜	Egg, Cheese and Chorizo Taco 😺
Lunch	Mozzarella Breadsticks 🕜	Chicken Yakisoba	Pancakes with Turkey Sausage Links	Cheese Pizza 🕜	Hand Rolled Bean and Cheese Burrito 🕜
Snack	Fruit and Pretzels 🕜	Fruit and Cheese 🕜	Strawberry Yami Yogurt and Granola 🕜	Fruit and Cheese 🕜	Hummus and Pita 🕜
	8	9	10	11	12
Breakfast		Chicken Sausage Biscuit Sandwich	Maple Waffles 🕜	Cinnamon Crumble Bread 🕜	Egg and Cheese Breakfast Sandwich V
Lunch	No Classes for Students	Teriyaki Meatballs with Brown Rice	Cheese Ravioli 🕜	Cheese Pizza 🕜	Alaskan Pollock
Snack		Fruit and Cottage Cheese 🕜	Strawberry Yami Yogurt and Granola 🕜	Fruit and Cheese 🕜	Vegetables and Crackers 🕜
	15	16	17	18	19
Breakfast	Whole Grain Cereal General Mills Kix 🕜	Peach Cobbler Biscuit 🕜	Blueberry Muffin 🕜	Chicken Sausage, Egg and Cheese Croissant	
Lunch	Chicken Nuggets	Teriyaki Chicken Drumstick with Brown Rice	Pancakes with Eggs 🕜	Cheese Pizza 🕜	No Classes for Students
Snack	Cheese and Pretzels 💗	Fruit and Crackers 🕜	Strawberry Yami Yogurt and Granola 🕜	Fruit and Cottage Cheese 🚺	
	22	23	24	25	26
Breakfast	Whole Grain Cereal Kellogg's Rice Krispies 🕜	French Toast Sticks 🕎	Egg and Cheese on an English Muffin 🕜	Banana Bread 🕜	Egg, Cheese and Chorizo Taco 😺
Lunch	Bean and Rice Bowl with Tortilla Chips 🕜	Turkey Hot Dog	Homemade Lasagna 🕜	Cheese Pizza 🕜	Alaskan Pollock
Snack	Fruit and Pretzels 🕜	Fruit and Cheese 🕜	Strawberry Yami Yogurt and Granola 🕜	Fruit and Cheese 🕜	Hummus and Pita 🕜
	29	30			
Breakfast	Whole Grain Cereal General Mills Kix 🕜	Chicken Sausage Biscuit Sandwich			
Lunch	Three Bean Chili with Tortilla Chips 🕜	Orange Chicken with Brown Rice	_		
Snack	Fruit and Crackers 🕜	Fruit and Cottage Cheese 🕜			
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1% milk is offered daily with Breakfast and Lunch. Fruit is offered with breakfast, fruit and vegetables are both offered with lunch. All grains served are whole grain-rich Menu is subject to change. This institution is an equal opportunity provider.

Vegetarian option, may contain cheese &/or egg Pork